

By Betty Collins & Gordon Moss, Los Angeles, Calif.

RECORD: "For You" - Decca 31574 (Rick Nelson)

FOOTING: Opposite. Directions for Man

MEASURESINTRODUCTION...(Start CP-LOD; end CP-LOD)

- 1-4 WAIT; APART,"dig",TOG,-; FWD,BK,BK,-; BK,FWD,FWD,-;
 2...OP-LOD L apart to fc diag away from ptr,R "dig" stab R toe to floor at L instep no wt, R step tog CP-Wall,HOLD;
 3-4..L rock fwd wall,R bk,L bk,HOLD; R rock bk COH trn half way to LOD,L fwd,R fwd bend line to full LOD,HOLD; (Mambo running basic no closing step)
PART ONE(8 meas)...(Start CP-LOD; end CP-LOD)
 1-8 FWD,-,TRN,SIDE; XB,fan/CLOSE,point,-; ROCK,RECOV,FWD/2,3; FWD/2,3,FACE,tch;
SIDE,CLOSE,tch, SIDE;CLOSE,tch, Knez,Knez; FWD,BK,BK,-; BK,FWD,FWD,-;
 1-2..CP-LOD L fwd slow,-,R fwd trn CP-Wall, L side; R xb(W Xf)CHEK bal full wt on R, immediately R-ft hits floor start very small quick L-fan, Quick L-close almost under R-ft as (/)(half-ct) Quick R point swd-RL0D,HOLD (do not point with straight leg...keep R-knee bent few inches from L-knee with side of R-toe barely tch floor 12-14 inches away...try avoid"jump"on Close/pt);
 3-4..R rock swd do not move feet merely shift wt,L recov in place trn SCP-LOD, Fwd Quick R/L,R; Fwd quick L/R,L,go R fwd trn CP-Wall,L tch;
 5-6..(No pause 8 even-timed moves grouped 3-3-2) L side,R close,L tch,no pause repeat L side; R close,L tch, no pause feet tog bend both knees diag-LOD, then diag-RL0D (keep knee business very small & subtle);
 7-8..Mambo running Basic same as INTRO to end CP-LOD to re-start L fwd slow....
 9-16 REPEAT
PART TWO(8 meas)...(Start CP-LOD; end CP-Wall)
 17-24 L TRN,-,2,3; bk TRN,-,2,3; FWD,LOCK,FWD, FWD;LOCK,FWD, FWD,LOCK;
L TRN,-,2,3; bk TRN,-,2,3; FWD,LOCK,FWD, FWD;LOCK,FACE,tch,-;
 17-18..CP-LOD 2 LF trns L fwd slow,-,R arnd,L close; R bk trn slow,-,L close,R close;
 19-20..LOD-Modified Bjo(R hips overlap) go LOD 8 even-timed run-lock steps lean COH wt centered over L ft for L fwd, R lock,L fwd,no pause lean twd wall wt centered over R ft for R fwd outside W's R ft; L lock,R fwd,no pause wt centered over L ft for L fwd,r lock; (no pause continue L fwd for next trns)
 21-22..From above lock L fwd slow,-,to repeat LF trns as in 17-18;;
 23-24..(only 6 lock steps grouped 3-3) L fwd,R lock,L fwd,then R fwd; L lock,R fwd CHECK trn to CP-Wall,L tch,HOLD;
PART THREE(4 meas repeated)...Start CP-Wall; end CP-LOD)
 25-32 APART,TOG,WRAP,-; BK,-,BK,RECOV; "dig",-,UNWRAP,2; SIDE,tch,SIDE,tch;
APART,TOG,WRAP,-; BK,-,BK,RECOV; "dig",-,UNWRAP,2; SIDE,tch,MANUV(CP-LOD),tch;
 25...CP-Wall L rock apart join 2 hands,R fwd in place,L close,HOLD(last 2 steps L-hand high W advance L,R trng LF to 2-arm-wrap both face wall);
 26...R bk slow,-,bk again on L rock,R recover in place;(no pause)
 27-28..L "dig",HOLD("dig" stab L-toe to floor by R instep no wt as "tuck-in" snuggle almost fc-to-fc),then L,R in place with L-hand high(W unwrap R,L fc M in BFLY); Then L side,R tch,R side,L tch remain Bfly-Wall;
 29-32..REPEAT 25-28 but last "side TCH'S" manuv to CP-LOD for repeat PART ONE;;;;

SEQUENCE: INTRO - ONE - ONE - TWO - THREE...ONE - TWO - THREE....TAG(one)TAG: REPEAT ALL OF PART ONE MEAS 1-8 -- as music fades do APART,-,POINT,-;

NOTE: IN CAP CUES the use of lower case type for "foot" gestures(no wt)..serves double purpose of emphasizing "steps" as against mere "points" or "touches." Also note Start & end positions on each line with PART ONE, etc.